Subgrade Preparation

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Subgrade Preparation

- Types of subgrade preparation
- Typical equipment used
- Purpose of equipment
- Grading
- Compaction
- Soils
- Testing

Importance of Quality Subgrade

- Provide good support for placement and compaction of pavement
- Limit pavement deflections to acceptable limits
- Minimize differential movement due to frost and Shrinking/swelling soils
- Promote uniformity of support (Key element for good long term pavement performance)
Types of subgrade preparation

- Modification and Stabilization
- Removal and Replace

Modification and Stabilization

- Subgrade treatment that is intended to provide a stable working platform during construction.
  - Adding chemicals like fly ash or cement
  - Replacing existing soils with aggregates
  - Geosynthetic reinforcement with aggregates
  - Moisture conditioning

Chemical Stabilization

- This work consists of treating the subgrade by combining chemicals such as fly ash, lime, or cement and water with the pulverized soil material to the specified depth and compaction requirements
Adding chemicals like fly ash, lime or cement

Benefits of fly ash

- Drying agent
- Reduces the shrink-swell potential
- Increases the strength of subgrade
Lime treatment

Benefits of lime
- Lime dries wet soils
- Lime modifies clay soils
- Lime permanently stabilizes clay soils

Cement treatment
Benefits of Cement

- Reduces swell potential
- Produces a weather resistant working platform for asphalt paving
- Gains strength with time
- Significantly reduces the freeze thaw movement

Soil Stabilization Benefits

- Lower material costs – reduces base and pavement thickness
- Lower construction costs – eliminates cost of material removal and replacement. 30% - 50% savings
- Increased Strength – a dramatic increase in the CBR can be achieved

Soil Stabilization Benefits

- Longer durability – stabilized soil is highly resistant to water and frost, which increases the lifespan of the subgrade
- Increased environmental responsibility – stabilizing the existing soil eliminates the need to export the poor undesirable soil and import new fill
Remove and Replace

- Simple Procedure that does not require specialized equipment

Removal and Replace

- This process will consist of removing the unsuitable soil and replacing it with aggregates such as base or sand

- Geosynthetics are often placed on the surface of the excavated subgrade prior to placement of aggregates

Geosynthetics

- Products such as fabric grids, composites or membranes
Geosynthetics

- Placed in pavement bases to perform the following function
  - Reinforcement
  - Separation
  - Filtration

The primary purpose of using geosynthetics in the pavement design is to reduce reflective cracking in the asphalt and resist moisture intrusion into the underlying pavement structure.

Geosynthetic reinforcement with aggregates
Geosynthetic Benefits

- Improves structural capability of soil
- Allows the use of poorer quality of soils to be used in construction
- Construction time can be reduced
- Drastically increases the durability of subgrade

Moisture Conditioning
Moisture Conditioning

- This work consists of blading, shaping, wetting, and compacting the subgrade with moisture and density control
- Moisture Conditioning reduces or increases the soil moisture content to be compacted to the required density
- Controls shrinking and swelling of soils

Moisture Conditioning Benefits

- Allows contractors to expedite work
- Reduction of construction costs
- Improved utilization of existing materials
- Greater environmental protection
- Increased short-term and long-term savings

Full Depth Reclamation
Full Depth Reclamation Process

- The total asphalt surface is pulverized plus a predetermined portion of the base
- The pulverized base is compacted and graded
- The new stabilized base is now ready for paving

FDR Benefits

- Cheaper – At least 50% less expensive than traditional road repair methods
- Faster – Get 2-3 times more repairs done in the same time period
- Easier – No excavating, no loading, no hauling off and dumping old asphalt

FDR Benefits

- Base is stabilized with pulverized road surface
- No reflective cracking!
- Permanent repair, not a temporary fix
- Environmentally friendly
Types of Equipment Needed

- Reclaiming machine
- Compactors
- Motor Graders
- Tanker Trucks (Water and Emulsion)
- Water Trucks
- Loaders and Excavators

Reclaiming Machine

- Pulverization of existing materials
  - Asphalt
  - Dirt
  - Asphalt with base
Sizing Material

- Controlled by the operator who controls the speed and rear door opening

Mixing Additives

- Reactive – Lime
- Self cementing – Portland cement and fly ash
- Water

Compactors
Compactors
- Compact material to desired density
- Typical compaction sequence
  - Initial or breakdown – pad foot rollers
  - Intermediate – rubber tire rollers and vibratory rollers
  - Finish – smooth drum and rubber tire rollers

Motor Graders
- Placing material at desired grade
- Scarify material
- Process material

Tanker Trucks
- Deliver water
- Deliver emulsion materials to reclaimer
Water Trucks
- Apply water to subgrade surface directly
- Proof rolls

Loaders and Excavators
- Removing existing pavement
- Excavating excess or unsuitable soils
- Loading trucks

Grading
Fine Grading

- Fine grade is required for the final trimming and checking of the cross section.

Establishing Grade

- Grade stakes
  - What do they tell us?
    - Offset
    - Cut or fill at ditch
    - Cut or fill at edge of road
    - Cut or fill at centerline
    - Stationing
Setting grade

- Stakes are usually set at variable intervals near each edge of the subgrade and the centerline
- When the distance is too far apart from stake to stake, intermediate stakes may be required

How to establish cross slope

- Measure distance from edge of road to centerline
- Multiply the distance to the desired cross slope
  - For example: 25’ * 2% (.02) = .5 or 6”
- That is the elevation difference from the edge of the road to centerline

Checking grade

- A string line can be stretched across adjoining grade stakes
- The subgrade is checked by measuring down to the known offset distance from the string line to the dirt
- Straight edge – easiest way to check uniformity of subgrade
Importance of uniform subgrade

- Strength
  - Make sure you have a full pavement section.
- Yield
  - Uniform subgrade will optimize yield.
- Cost
  - Asphalt is more expensive than base.
- Smoothness
  - HMA compacts differentially, thicker areas compact more than thinner areas which will affect pavement smoothness.

Compaction

Compaction occurs when a force compresses the soil and pushes air and water out of it so that it becomes more dense. Compaction is achieved easier when the soil is wet and less able to withstand compression.
Why Compact?

- 5 reasons to compact
  - Increases load-bearing capacity
  - Prevents soil settlement and frost damage
  - Provides stability
  - Reduces water seepage, swelling and contraction
  - Reduces settling of soil

Types of compaction

- There are four types of compaction effort on soil or asphalt:
  - Vibration
  - Impact
  - Kneading
  - Pressure
Two types of compaction force

- **Static force**
  - Static force is the deadweight of the machine, applying downward force on the soil surface, compressing the soil.
  - Static compaction is confined to upper soil layers.
  - Kneading and pressure are two examples of static compaction.

- **Vibratory force**
  - Vibratory force uses a mechanism, usually engine-driven, to create a downward force.
  - The compactors deliver a rapid sequence of blows (impacts) to the surface, affecting the top layers as well as deeper layers. Vibration moves through the material, setting particles in motion and moving them closer together for the highest density possible.
  - Based on the materials being compacted, a certain amount of force must be used to overcome the cohesive nature of the soil.
Compaction Equipment

- Choosing the right equipment for the job is vital to achieving proper compaction.

Deciding Factors

- Soil type
  - Cohesive
  - Granular
- Thickness of Lift and Machine Performance
- Compaction Specifications

Cohesive soils

- A machine with a high impact force is required to ram the soil and force the air out to achieve compaction.
- Pad Foot or Sheep Foot Roller
- Jumping Jack
Granular soils

- Require a shaking or vibratory action to move them
- Smooth Drum Roller
- Plate Compacter
- Wheel Rolling

Thickness of Lift and Machine Performance

- The thicker the lift the heavier piece of equipment needs to be.

<table>
<thead>
<tr>
<th>Materials</th>
<th>Lift Thickness</th>
<th>Impact</th>
<th>Vibration (with kneading)</th>
<th>Kneading (with pressure)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gravel</td>
<td>12+</td>
<td>Poor</td>
<td>No</td>
<td>Excellent</td>
</tr>
<tr>
<td>Sand</td>
<td>10+/9+</td>
<td>Poor</td>
<td>No</td>
<td>Good</td>
</tr>
<tr>
<td>Silt</td>
<td>6+/5+</td>
<td>Good</td>
<td>Good</td>
<td>Poor</td>
</tr>
<tr>
<td>Clay</td>
<td>6+/5+</td>
<td>Excellent</td>
<td>Very Good</td>
<td>No</td>
</tr>
</tbody>
</table>

Compaction Specifications

- Method Specification
  - Detailed instructions specify machine type, lift thickness, number of passes, machine speed and moisture content.
- End-result Specification
  - Engineers indicate final compaction requirements, allowing the contractor to choose what is the best method to achieve compaction.
Types of Equipment

Rollers

- Smooth drum
- Padded drum Sheep Foot
- Rubber-tired
- Static and vibratory sub-categories
- Walk-behind and ride-on

Smooth Drum Roller
**Smooth Drum**

- Smooth-drum machines are ideal for both soil and asphalt.

**Sheep Foot Roller**

- Appropriate for cohesive soils.
- The drum pads provide a kneading action on soil.

**Padded Drum / Sheep Foot**

- Appropriate for cohesive soils.
- The drum pads provide a kneading action on soil.
**Rubber Tire Roller**

- 7 to 11 tires that have an overlapping pattern
- Typically a static roller
- Compaction effort is pressure and kneading

**Wheel Rolling**

**Jumping Jack**
Rammers / Jumping Jack

- Deliver a high impact force (high amplitude) making them an excellent choice for cohesive and semi-cohesive soils.
- Three types of compaction: impact, vibration and kneading.

Plate Compacter

- Low amplitude and high frequency, designed to compact granular soils and asphalt.
- Type of compaction: vibration.

Vibratory Plates
Walk Behind

- Appropriate for cohesive soils
- Ideal for small areas

Soil types

- Soil types are classified by grain size, determined by passing the soil through sieves to screen or separate the different grain sizes.
- A well-graded soil consists of a wide range of particle sizes with the smaller particles filling voids between larger particles.
- There are three basic soil groups:
  - Cohesive
  - Granular
  - Organic (this soil is not suitable for compaction)
Cohesive

- Cohesive soils have the smallest particles. Clays range from .00004" to .002".
- Cohesive soils are dense and tightly bound together. They are plastic when wet and can be molded, but become very hard when dry.
- Proper water is essential for proper compaction.
- Cohesive soils usually require a force such as impact or pressure.
- Silt has a noticeably lower cohesion than clay. However, silt is still heavily reliant on water content.

Granular

- Granular soils range from .003" to .08" (sand) and .08" to 1.0" (fine to medium gravel).
- Granular soils are known for their water-draining properties.
- Sand and gravel obtain maximum density in either a fully dry or saturated state.
- Testing curves are relatively flat so density can be obtained regardless of water content.

Guide to Soil Types

<table>
<thead>
<tr>
<th>Soil Type</th>
<th>Appearance/Feel</th>
<th>Water Movement</th>
<th>When Moist</th>
<th>When Dry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Granular soils, fine sands</td>
<td>Coarse grains can be seen between fingers.</td>
<td>When water and soil are shaken, they mix.</td>
<td>Plastic and sticky. Can be molded.</td>
<td>Very little or no cohesion. Little or no cohesive strength. Soil sample will crumble easily.</td>
</tr>
<tr>
<td>Cohesive soils, mixes and clays</td>
<td>Grains cannot be seen by naked eye. Very gritty when rubbed between fingers.</td>
<td>When water and soil are shaken, they do not mix.</td>
<td>Plastic and sticky. Can be molded.</td>
<td>Very high strength when dry. High cohesion value. Due to cohesion in water.</td>
</tr>
</tbody>
</table>
### Moisture vs. Soil Density

- Moisture or water content is key to achieving density in compaction. Water allows the particles of material to move together and decrees voids.
- Not enough water particles can not slide past each other.
- Too much water and water voids are created.
- The optimum moisture content is when compaction will be achieved the easiest.
Why Should We Test?

- Measures density of soil for comparing the degree of compaction vs. specs
- Measures the effect of moisture on soil density vs. specs
- Provides a moisture density curve identifying optimum moisture
- Save Money
Types of Tests

- Proctor Test
- Modified Proctor Test
- Hand Test
- Proof Role
- Sand Cone
- Nuclear Density

Proctor Test

- Determines the maximum density of a specific soil.
- Tests the effects of moisture on soil density
- Standard Proctor
- Modified Proctor

Standard Proctor

- A small soil sample is taken from the jobsite. A standard weight is dropped several times on the soil. The material weighed and then oven dried for 12 hours in order to evaluate water content
Modified Proctor

This is similar to the Proctor Test except a hammer is used to compact material for greater impact. The test is normally preferred in testing materials for higher shearing strength.

Field Testing

Hand Test
Hand Test

- Pick up a handful of soil.
- Squeeze it in your hand.
- If the soil is powdery and will not retain the shape made by your hand, it is too dry.
- If it shatters when dropped, it is too dry.
- If the soil is moldable and breaks into only a couple of pieces when dropped, it has the right amount of moisture for proper compaction.
- If the soil is plastic in your hand, leaves traces of moisture on your fingers and stays in one piece when dropped, it has too much moisture for compaction.

Proof Rolling

- A small hole (6" x 6" deep) is dug in the compacted material to be tested. The soil is removed and weighed, then dried and weighed again to determine its moisture content. A soil's moisture is figured as a percentage. The specific volume of the hole is determined by filling it with calibrated dry sand from a jar and cone device. The dry weight of the soil removed is divided by the volume of sand needed to fill the hole. This gives us the density of the compacted soil in lbs per cubic foot. This density is compared to the maximum Proctor density obtained earlier, which gives us the relative density of the soil that was just compacted.
Nuclear Density
(ASTM D2292-91)

Nuclear Density meters are a quick and fairly accurate way of determining density and moisture content. The meter uses a radioactive isotope source (Cesium 137) at the soil surface (backscatter) or from a probe placed into the soil (direct transmission). The isotope source gives off photons (usually Gamma rays) which radiate back to the meter's detectors on the bottom of the unit. Dense soil absorbs more radiation than loose soil and the readings reflect overall density. Water content (ASTM D3017) can also be read, all within a few minutes. A relative Proctor density with the compaction results from the test.
What should we do?